

AWE SQUASH CLUB

# ADULT SQUASH TRAINING SESSIONS

**ALL STANDARDS WELCOME**

**(With Licensed Professional Level 3 Squash Coach Gary Hales)**

*England Squash & Racketball "Participation Coach of the Year 2010"*

**MONDAY EVENINGS** (fortnightly)

**6.30pm – 8.00pm**

**BEGINNERS/IMPROVERS**

**8.00pm – 9.30pm**

**TEAM STANDARD PLAYERS**

***August 20<sup>th</sup>; September 10<sup>th</sup> & 24<sup>th</sup>***

***October 8<sup>th</sup> & 22<sup>nd</sup>;***

***November 5<sup>th</sup> & 19<sup>th</sup>; December 3<sup>rd</sup>.***

**Note: There is a charge per session per player**

**£4/member or £5/non-member**

**Just TURN-UP to any session or contact Chris or Gary**

**(details below)**

**For more details please contact Chris Bulley at [chrisbulley@awe.co.uk](mailto:chrisbulley@awe.co.uk) or Gary Hales**

**([www.thesquashcoach.co.uk](http://www.thesquashcoach.co.uk)) on 07854 519797 or email: [gary@thesquashcoach.co.uk](mailto:gary@thesquashcoach.co.uk)**